



# THE LITTLE MUD PUDDLES LEARNING CENTER

## JUNE 2024

# NEWSLETTER



### MESSAGE FROM MISS DARLENE:

I hope you enjoy reading these tips on keeping your child healthy:

- **Ban secondhand smoke:** This does cause health problems especially those children with asthma and respiratory issues, and ear infections.
- **Serve more fruits and vegetables:** They are rich with immune boosting nutrients.
- **Exercise as a family:** It helps keep cardiovascular system healthy and creates a healthy lifelong habit.
- **Set an early bedtime routine:** Sleep deprivation can make children more susceptible to illnesses by reducing their immune system. Children need between 10-16 hours of sleep per day.
- **Set a tooth timer:** Cavities are one of the most common chronic diseases of childhood in the U.S. Untreated it can cause infections, problems with eating, speaking, playing, and learning.
- **Sing while hand washing:** By singing while your child washes hands, they have fun and keep healthy.
- **Teach children how to express their feelings and learn how to self-regulate:** It helps them calm down and work through their feelings in a healthy manner. It's normal to feel angry, sad, frustrated, and self-regulating is a great tool to help them.
- **Keep kids home when they are sick:** Sometimes it feels impossible to put life on hold when a child becomes unwell. However, a few days of rest improves a child's chance of a speedy recovery. A child who continues to go to school could catch a secondary infection and spread it to other children and staff. ***This is why we have the 1 hour rule for children to get picked up.***

Thank you, Miss Darlene

**OWNER/DIRECTOR:**  
DARLENE JOHNSTON

**ASSISTANT DIRECTOR:**  
ELIZABETH MOTWANI

**HOURS:**  
7:00 A.M. – 6:00 P.M.  
Email: [littlemudpuddles@aol.com](mailto:littlemudpuddles@aol.com)  
Website: [littlemudpuddles.com](http://littlemudpuddles.com)  
Address: 34072 Fremont, Blvd.  
Fremont, CA 94555

### CURRENT TUITION AS OF JUNE:

The new tuition begins June. 1, 2024.  
Jr. Preschool is \$1775 per month or \$420 per week.  
Pre-school & Pre-K is \$1675 per month or \$390 per week.  
If your child is in Rooms 3, 4 or 5 and is having 2 or more potty accidents per week, you will be charged an additional \$100 per month until the accidents end.

### FUN FRIDAYS AT LMP:

We like to make it fun in the summertime for the kids, but Fridays are especially fun. These Fridays are planned with the following activities:

#### JUNE:

**June 7** – Bring a book to school Day – Please put your child's name in it.

**June 14** – Bring a baby picture of your child Day. We will let the children guess whose picture belongs to who.

**June 21** – Bring a favorite toy to school Day. Nothing too expensive and put names on the toy. Toy must fit in the children's cubby.

**June 28** – Wear a character t-shirt Day.

**CHECK JULY'S NEWSLETTER FOR FUN FRIDAYS!**

### SCHOOL CLOSURES for JUNE/JULY/AUG

**JUNE 19<sup>TH</sup>** – Closed in Observance of Juneteenth Day

**JULY 4<sup>th</sup> & 5<sup>th</sup>** – Closed in Observance of Independence Day

**August 9<sup>th</sup>** – Closed for Staff Development Day

#### VACATION SIGN-UP

Please sign the clipboard in our front office if you plan on taking vacation.



## REMINDERS & THOUGHTS:

Now that summer is almost here, please remember to always keep extra clothes in your child's cubby. When the weather is very warm, sometimes the teachers have water play outside with the children. Children must always wear shoes with backs – thongs or slides are not allowed for safety concerns.

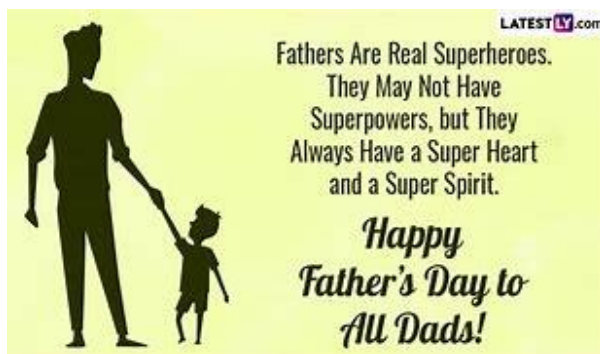
We want to welcome new families to LMP. Should you have any questions, please do not hesitate to ask a staff member or email us at [littlemudpuddles@aol.com](mailto:littlemudpuddles@aol.com). Being new to school can be a little overwhelming, but we are here to help. We want to remind parents of younger children that no pacifiers, bottles, or water bottles are allowed for the possibility of other children putting these items in their mouths and spreading germs. We have water available in all areas of the school including outside. We also advise parents to kiss and hug your children and leave. Lingering makes it harder for your child and the teacher. And lastly, don't forget to take all bedding home every Friday for washing and bring them back on Monday. If you think your child is having a hard time adjusting, talk to their teacher. Pretty much all children adjust within 2-3 weeks. Most times less, but with encouragement from parents and teachers, he/she will do fine.



### SUNSCREEN

Feel free to bring in sunscreen for your child. Parents must fill out paperwork which either the front desk or your child's teacher has. Also, parents must apply sunscreen in the morning. Teachers will reapply in the afternoon. Be aware there will be times when teachers can't apply the sunscreen should they get very busy with the children. Make sure the sunscreen has not expired.

### HAPPY FATHER'S DAY!



## JUNE BIRTHDAYS

ELLA LOMAS  
AYUSH KULKARNI  
MARGARET  
BISCHOFBERGER  
ADVAITH SEKARAN  
RENESH MANOHARAN  
KADHIR MADHAN  
SHINJI HAMAHASHI  
DAKSHA SRIRAM



MISS EMILY

### COVID TESTING:

If you are planning on travelling by plane, please make sure your child takes a COVID test *before* returning to school. All results must be sent to [littlemudpuddles@aol.com](mailto:littlemudpuddles@aol.com) prior to coming to school. Also, if your child has any cold like symptoms, we may require you to COVID test your child. RSV is also contagious, and your child should be tested if he/she has any symptoms.

**If your child has been out ill for more than a couple of days, do test them for COVID and/or RSV before returning to school. Send results to [littlemudpuddles@aol.com](mailto:littlemudpuddles@aol.com) not Lillio. It is extremely important that we keep all children, families, and staff safe.**

## LMP GRADUATION FOR TK AND PRE-K CHILDREN

This year's 38<sup>th</sup> Little Mud Puddle's graduation for our TK and Pre-K children will be on June 21, 2024 at 6:30 p.m. at the school. Please have your child at the school no later than 6:10 p.m. so that we can get them ready and in line. Children will get their graduation gowns the week of June 17<sup>th</sup>. Please feel free to either iron or throw it in the dryer to remove the wrinkles. The caps and tassels will be given to the children on graduation day. After graduation, please return the gowns to one of the staff but your child may keep the cap and tassel as a gift from Miss Darlene and LMPjus. There will be a letter with more info in your child's folder soon.

