



**The Little Mud Puddles, Inc.**

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**MISS BEXI**

**OCTOBER 2022 SNACK MENU (SUBJECT TO CHANGE)**

| Monday  | Tuesday   | Wednesday  | Thursday   | Friday   |
|---|---|--|--|--|
| <b>3</b><br><b>Morning</b><br>Bagels, , Milk<br><b>Afternoon</b><br>Veggie Chips, Apples,<br>Water  | <b>4</b><br><b>Morning</b><br>Cucumbers w/ Ranch,<br>Ritz Crackers, Milk<br><b>Afternoon</b><br>Goldfish, Raisins, Milk               | <b>5</b><br><b>Morning</b><br>English Muffins & Jam,<br>Peaches, Milk<br><b>Afternoon</b><br>Chocolate Rice Cake w/<br>Fruit, Milk   | <b>6</b><br><b>Morning</b><br>Nutri-Grain Bar,<br>Seasonal Fruit, Milk<br><b>Afternoon</b><br>Ritz Crackers,<br>Applesauce, Water  | <b>7</b><br><b>Morning</b><br>Vanilla Yogurt, Saltine<br>Crackers, Water<br><b>Afternoon</b><br>Trail Mix, Tropical Fruit,<br>Water        |
| <b>10</b><br><b>SCHOOL CLOSED FOR<br/>           INDIGENOUS<br/>           PEOPLE'S DAY</b><br> | <b>11</b><br><b>Morning</b><br>Cucumbers w/ Ranch,<br>Ritz Crackers, Milk<br><b>Afternoon</b><br>Crunchy Rice Rollers,<br>Fruit, Milk | <b>12</b><br><b>Morning</b><br>Pancakes, Peaches, Milk<br><b>Afternoon</b><br>Bananas, Sun Butter,<br>Crackers, Milk                 | <b>13</b><br><b>Morning</b><br>Nutri-Grain Bar,<br>Seasonal Fruit, Milk<br><b>Afternoon</b><br>Pretzels & String<br>Cheese, Juice  | <b>14</b><br><b>Morning</b><br>Vanilla Yogurt, Saltine<br>Crackers, Water<br><b>Afternoon</b><br>Animal Crackers, Tropical<br>Fruit, Water |
| <b>17</b><br><b>Morning</b><br>Raisin Bread,<br>Applesauce, Milk<br><b>Afternoon</b><br>Veggie Chips, Apples,<br>Milk   | <b>18</b><br><b>Morning</b><br>Cucumbers w/ Ranch,<br>Ritz Crackers, Milk<br><b>Afternoon</b><br>Goldfish, Raisins, Milk              | <b>19</b><br><b>Morning</b><br>French Toast, Peaches,<br>Milk<br><b>Afternoon</b><br>Chocolate Rice Cake w/<br>Fruit, Milk           | <b>20</b><br><b>Morning</b><br>Nutri-Grain Bar,<br>Seasonal Fruit, Milk<br><b>Afternoon</b><br>Ritz Crackers,<br>Applesauce, Water | <b>21</b><br><b>Morning</b><br>Vanilla Yogurt, Saltine<br>Crackers, Water<br><b>Afternoon</b><br>Popcorn, Fruit, Water                     |
| <b>24</b><br><b>Morning</b><br>Diwali Snack, Water<br><b>Afternoon</b><br>Diwali Cookies, Fruit &<br>Milk<br><b>HAPPY DIWALI!</b>   | <b>25</b><br><b>Morning</b><br>Cucumbers w/ Ranch,<br>Ritz Crackers, Milk<br><b>Afternoon</b><br>Crunchy Rice Rollers,<br>Fruit, Milk | <b>26</b><br><b>Morning</b><br>English Muffins & Jam,<br>Peaches, Milk<br><b>Afternoon</b><br>Bananas, Sun Butter,<br>Crackers, Milk | <b>27</b><br><b>Morning</b><br>Nutri-Grain Bar,<br>Seasonal Fruit, Milk<br><b>Afternoon</b><br>Pretzels & String<br>Cheese, Juice  | <b>28</b><br><b>Morning</b><br>Vanilla Yogurt, Saltine<br>Crackers, Water<br><b>Afternoon</b><br>Trail Mix, Fruit, Water                   |
| <b>31</b><br><b>HALLOWEEN PARTY!<br/>           PLEASE GIVE \$5 TO<br/>           YOUR CHILD'S TEACHER<br/>           FOR THE PARTY BY<br/>           9/24/22</b>               |   |  |  |   |

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