



The Little Mud Puddles, Inc.

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MISS BEXI

SEPTEMBER 2023 SNACK MENU (SUBJECT TO CHANGE)

Monday	Tuesday	Wednesday	Thursday	Friday
				1 Morning Vanilla Yogurt, Saltine Crackers, Water Afternoon Trail Mix, Tropical Fruit, Water
4 SCHOOL CLOSED IN OBSERVANCE OF LABOR DAY 	5 Morning Cucumbers w/ Ranch, Ritz Crackers, Milk Afternoon Animal Crackers, Tropical Fruit, Milk	6 Morning Pancakes, Peaches, Milk Afternoon Bananas, Sun Butter, Crackers, Milk	7 Morning Nutri-Grain Bar, Seasonal Fruit, Milk Afternoon Pretzels, String Cheese, Juice	8 Morning Vanilla Yogurt, Saltine Crackers, Water Afternoon Popcorn, Fruit, Water
11 Morning Raisin Bread, Applesauce, Milk Afternoon Tropical Fruit Salad, Honey Maid Crackers, Water	12 Morning Cucumbers w/ Ranch, Ritz Crackers, Milk Afternoon Veggie Chips, Apples, Water	13 Morning Waffles, Fruit, Milk Afternoon Goldfish, Raisins, Milk	14 Morning Nutri-Grain Bar, Seasonal Fruit, Milk Afternoon Ritz Crackers, American Cheese, Water	15 Morning Vanilla Yogurt, Saltine Crackers, Water Afternoon Popcorn, Fruit, Water
18 Morning Hawaiian Rolls, Fruit, Milk Afternoon Veggie Chips, Apples, Water	19 Morning Cucumbers w/ Ranch, Ritz Crackers, Milk Afternoon Tropical Fruit Salad, Goldfish Crackers, Water	20 Morning English Muffins & Jam, Peaches, Milk Afternoon Bananas, Sun Butter, Crackers, Milk	21 Morning Nutri-Grain Bar, Seasonal Fruit, Milk Afternoon Pretzels, String Cheese, Juice	22 SCHOOL CLOSED FOR PARENT/TEACHER ZOOM MEETING 
25 Morning Raisin Bread, Applesauce, Milk Afternoon Animal Crackers, Tropical Fruit, Milk	26 Morning Cucumbers w/ Ranch, Ritz Crackers, Milk Afternoon Veggie Chips, Apples, Water	27 Morning Hawaiian Rolls, Fruit, Milk Afternoon Bananas, Sun Butter, Crackers, Milk	28 Morning Nutri-Grain Bar, Seasonal Fruit, Milk Afternoon Ritz Crackers, American Cheese, Juice	29 Morning Vanilla Yogurt, Saltine Crackers, Water Afternoon Trail Mix, Tropical Fruit, Milk

