



The Little Mud Puddles, Inc.

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MISS BEXI

AUGUST 2022 SNACK MENU (SUBJECT TO CHANGE)

Monday	Tuesday	Wednesday	Thursday	Friday
1 Morning Raisin Bread, Applesauce, Milk Afternoon Veggie Chips, Apples, Water	2 Morning Cucumbers w/ Ranch, Ritz Crackers, Milk Afternoon Goldfish, Raisins, Milk	3 Morning English Muffins & Jam, Peaches, Milk Afternoon Chocolate Rice Cake w/ Fruit, Milk	4 Morning Nutri-Grain Bar, Seasonal Fruit, Milk Afternoon Ritz Crackers, Applesauce, Milk	5 Morning Vanilla Yogurt, Saltine Crackers, Water Afternoon Trail Mix, Tropical Fruit, Water
8 Morning Bagels & Cream Cheese, Milk Afternoon Goldfish, Raisins, Milk	9 Morning Cucumbers w/ Ranch, Ritz Crackers, Milk Afternoon Crunchy Rice Rollers, Fruit, Milk	10 Morning Pancakes, Peaches, Milk Afternoon Bananas, Sun Butter, Crackers, Milk	11 Morning Nutri-Grain Bar, Seasonal Fruit, Milk Afternoon Pretzels & String Cheese, Juice	12 
15 Morning Raisin Bread, Applesauce, Milk Afternoon Veggie Chips, Apples, Milk	16 Morning Cucumbers w/ Ranch, Ritz Crackers, Milk Afternoon Goldfish, Raisins, Milk	17 Morning French Toast, Peaches, Milk Afternoon Chocolate Rice Cake w/ Fruit, Milk	18 Morning Nutri-Grain Bar, Seasonal Fruit, Milk Afternoon Ritz Crackers, Applesauce, Water	19 Morning Vanilla Yogurt, Saltine Crackers, Water Afternoon Popcorn, Fruit, Water
22 Morning Bagels & Cream Cheese, Milk Afternoon Goldfish, Raisins, Water	23 Morning Cucumbers w/ Ranch, Ritz Crackers, Milk Afternoon Crunchy Rice Rollers, Fruit, Milk	24 Morning English Muffins & Jam, Peaches, Milk Afternoon Bananas, Sun Butter, Crackers, Milk	25 Morning Nutri-Grain Bar, Seasonal Fruit, Milk Afternoon Pretzels & String Cheese, Juice	26 Morning Vanilla Yogurt, Saltine Crackers, Water Afternoon Popcorn, Fruit, Water
29 Morning Raisin Bread, Applesauce, Milk Afternoon Trail Mix, Tropical Fruit, Water	30 Morning Cucumbers w/ Ranch, Ritz Crackers, Milk Afternoon Honey Maid Crackers, Apples, Water	31 Morning Pancakes, Peaches, Milk Afternoon Bananas, Sun Butter, Crackers, Milk		

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